



Highland Park Senior Center Calendar - August 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Senior In Town Bus Summer Schedule Monday-Thursday in the month of July & August. Please pick up extended schedule at the HP Community Center or on the bus.	Upcoming Trip TRIP-Atlantic City Casino: Tropicana Transportation \$35.00 Casino will give \$25.00 slot play Monday, September 9th Bus Leaves at 8:30am			8:30 Taiji (Room TBA) 1 9:30 Healthy Bones- Room 2 10:00 Painting - Library 12:00 CAMEO Lunch Program \$5.00 12:30 BINGO 2:00 Tai Chi \$1.00	CENTER CLOSED				
4	9:00 Taiji (TBA) 10:00 Painting Room 2 10:00 Knitting Group 11:00 Senior Walking Group 11:30: CHAIR YOGA VIDEO 1:00 Movie: DRAMA "Manchester by the Sea" Call Center for Details	5	9:00 Taiji (Room TBA) 6 10:00 Chorus/11:00 Piano w/Gwen 10:30 Trip: AMC Theater New Brunswick- \$5.85 Movie: Lion King Must Sign Up! 12:00 CAMEO Lunch Program \$5.00 12:30 BINGO 1:00 Bridge	7	9:00 Taiji (Room TBA) 7 10:00 Painting-Room 2 10:00 Seamstress 10:30 Yiddish Group 11:45 Exercise w Donna F VIDEO 12:30 Trip: Walmart (Piscataway)	8	8:30 Taiji (Room TBA) 8 9:30 Healthy Bones- Room 2 10:00 Painting -Room 1 10:30 Computer Class-OPEN 12:00 CAMEO Lunch Program \$5.00 12:30-3:30 "Mike the Barber, " Appt Only! Haircut \$7.00 A person 12:30 BINGO/2:00 Tai Chi \$1.00 **FOOD PANTRY**	CENTER CLOSED	**FOOD PANTRY**
11	9:00 Taiji (TBA) 10:00 Painting Room 2 10:00 Knitting Group 11:00 Senior Walking Group 11:30: CHAIR YOGA \$1.00 1:00 Movie: MUSICAL "Mary Poppins Returns," 2018 Call Center for details	12	9:00 Taiji (Room TBA) 12 10:00 Chorus/11:00 Piano w/Gwen 10:30 Trip: Crystal Spring Waterpark \$22.00 at the door. Must Sign Up! 12:00 CAMEO Lunch Program \$5.00 12:30 BINGO 1:00 Bridge 5-9 pm National Night Out	13	9:00 Taiji (Room TBA) 13 10:00 Painting-Room 2 10:00 Seamstress 10:30 Yiddish Group 11:45 Exercise w Donna F VIDEO No Wednesday Trip 1:00 PODIATRIST	14	8:30 Taiji (Room TBA) 14 9:30 Healthy Bones - Room 3 10:00 Painting - Room 2 10:30 Tea & Discussion Group Current Events-Must Sign Up!! 12:00 CAMEO Lunch Program \$5.00 12:30 BINGO 2:00 Tai Chi \$1.00	CENTER CLOSED	
18	9:00 Taiji (TBA) 10:00 Painting /Knitting Group 10:00 PRESENTATION; MEDICARE FRAUD PATROL! MUST SIGN UP! 11:00 Senior Walking Group 11:30: CHAIR YOGA \$1.00 1:00 Movie: "The Command"	19	9:00 Taiji (Room TBA) 19 10:00 Chorus/Piano w/Gwen 10:00 AARP WORKSHOP FRAUD IDENTITY THEFT HOW TO AVOID IT! MUST SIGN UP! 12:00 CAMEO Lunch Program \$5.00 12:30 BINGO/1:00 Bridge	20	9:00 Taiji (Room TBA) 20 10:00 Painting-Room 2 10:00 Seamstress 10:30 Yiddish Group 10:30 TRIP: Cornucopia Cruise \$65.00 11:45 Exercise w Donna F \$1.00	21	8:30 Taiji (Room TBA) 21 9:30 Healthy Bones-Room 2 10:00 Painting - Library 12:00 CAMEO Lunch Program \$5.00 12:30 BINGO 2:00 Tai Chi \$1.00 **FOOD PANTRY**	PAPER SHREDDING!! 9:00 -12:00PM OR UNTIL SHREDDER IS FILLED. RAIN OR SHINE! LIMIT 5 BOXES OR 100 POUNDS PER CAR. NO PLASIC BAGS! COMMUNITY CENTER PARKING LOT CENTER CLOSED	**FOOD PANTRY**
25	9:00 Taiji (TBA) 10:00 Painting Room 2 10:00 Knitting Group 11:00 Senior Walking Group 11:30: CHAIR YOGA \$1.00 1:00 Movie: DRAMA, "The Mule" Starring, Clint Eastwood Call Center for details	26	9:00 Taiji (Room TBA) 26 10:00 Chorus/Piano w/Gwen 12:00 CAMEO Lunch Program \$5.00 12:30 BINGO/1:00 Bridge 3:00 LETS PLAY JEOPARDY! HOSTED BY: BRAIN ALLIANCE OF NEW JERSEY MUST SIGN UP!	27	9:00 Taiji (Room TBA) 27 10:00 Painting-Room 2 10:00 Seamstress 10:30 Yiddish Group 11:45 Exercise w Donna F \$1.00 12:30 Trip: Menlo Park Mall/Cheese Cake Factory	28	8:30 Taiji (Room TBA) 28 9:30 Healthy Bones-Room 2 10:00 Painting - Library 12:00 CAMEO Lunch Program \$5.00 12:30 Ice Cream Social 12:30 BINGO 2:00 Tai Chi \$1.00	CENTER CLOSED	

