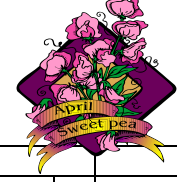




# Highland Park Senior Center Calendar - April 2019



| Sunday               | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday |
|----------------------|--|--|--|--|--|----------|
|                      | 9:00 Taiji (Room TBA) 1<br>10:00 Painting Room 2<br>10:00 Knitting Group<br><b>10:30 Blood Pressure -Library</b><br>11:30 CHAIR YOGA \$1.00<br><b>1:00 Movie: INSPIRING TRUE STORY</b><br><b>"Lion," Call Center for Details</b>   | 9:00 Taiji (Room TBA) 2<br>10:00 Sing Along<br>11:00 Piano Instruction with Gwen<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30 BINGO</b><br>1:00 Bridge   | 9:00 Taiji (Room TBA) 3<br><b>9:30 - 3:00 Tax Preparation-Appointment Only</b><br>10:00 Sing Along (TBA)<br>10:00 Seamstress<br>10:30 Yiddish Group<br>11:45: Exercise w/ Donna F \$1.00<br><b>12:30 Trip: Walmart-(TBA)</b><br><b>1:00 Special Movie Showing: Jersey Boys</b> | 8:30 Taiji (Room TBA) 4<br>9:30 Healthy Bones-Room 3<br>10:00 Painting - Room 2<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30 BINGO</b><br>1:00 ARA Meeting-Library<br>2:00 Tai Chi   | 9:00 Taiji (Room TBA) 5<br><b>10:30 Tea &amp; Discussion Group</b><br><b>Current Events. MUST SIGN UP!</b><br>11:30: Exercise with Donna \$1.00  |          |
| 7                    | 9:00 Taiji (Room TBA) 8<br>10:00 Painting Room 2<br>10:00 Knitting Group<br>11:30 CHAIR YOGA \$1.00<br><b>1:00 Movie: DOCUMENTARY</b><br><b>"RBG." Film focus on the life story</b><br><b>and career of Supreme Court Justice,</b><br><b>Ruth Bader Ginzberg</b>                                       | 9:00 Taiji (Room TBA) 9<br>10:00 Sing Along<br>11:00 Piano Instruction with Gwen<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30 BINGO</b><br>1:00 Bridge   | 9:00 Taiji (Room TBA) 10<br>10:00 Painting Room 2<br>10:00 Seamstress<br>10:30 Yiddish Group<br>11:45: Exercise w/ Donna F \$1.00<br><b>12:30 Trip: Brunswick Square Mall</b><br><b>Olive Garden, Esst Brunswick</b>   | 8:30 Taiji (Room TBA) 11<br>9:30 Healthy Bones - Room 2<br>10:00 Painting - Library<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30 -3:30 "Mike the Barber"- \$7.00</b><br><b>Appointment Only</b><br><b>12:30 BINGO</b><br>2:00 Tai Chi-CANCELLED<br><b>**Food Pantry**</b>                  | 9:00 Taiji (Room TBA) 12<br><b>10:00 Special Workshop: Amboy Bank</b><br><b>Senior Property Tax Freeze</b><br><b>10:30 Computet Class-EXCEL FOR BEGINNERS</b><br>11:30: Exercise with Donna \$1.00 | 13       |
| 14                   | 9:00 Taiji (Room TBA) 15<br>10:00 Painting-Room 2<br>10:00 Knitting Group<br>11:30 CHAIR YOGA \$1.00<br><b>1:00 Movie: STORY MADE HISTORY</b><br><b>"On the Basis of Sex-"Mother &amp; Lawyer</b><br><b>Ruth Bader Ginzberg battles the U.S.</b><br><b>Supreme Court for equal &amp; women rights.</b> | 9:00 Taiji/10:00 Sing Along 16<br><b>11:30 Program with the Mayor</b><br><b>"Whats New &amp; What's News</b><br><b>12:00 Spring Luncheon</b><br><b>Special Program: "An Eye for Detail"</b><br>2:00 BINGO/Bridge                   | 9:00 Taiji (Room TBA) 17<br>10:00 Painting Room 2<br>10:00 Seamstress<br>10:30 Yiddish Group<br>11:45: Exercise w/ Donna F \$1.00<br><b>12:30 Trip: Hadley Mall/Red Lobster</b><br><b>Piscataway</b><br><b>1:00 Podiatrist</b>   | 8:30 Taiji (Room TBA) 18<br>9:30 Healthy Bones -Room 3<br>10:00 Painting - Room 2<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30 BINGO</b><br>2:00 Tai Chi   | <b>BORO CLOSED</b><br><b>GOOD FRIDAY</b><br><br><b>Passover Begins</b>   | 19       |
| <b>Palm Sunday</b>   | 21   | 22   | 23   | 24   | 25   | 26       |
|                      | 9:00 Taiji (Room TBA)<br>10:00 Painting-Room 2<br><b>10:00 Knitting Group</b><br>11:30 CHAIR YOGA \$1.00<br><b>1:00 Movie: OSCAR WINNING FILM</b><br><b>"Roma" Call Center for Details</b>   | 9:00 Taiji (Room TBA)<br>10:00 Sing Along<br>11:00 Piano Instruction with Gwen<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30 BINGO</b><br>1:00 Bridge   | 9:00 Taiji (Room TBA)<br>10:00 Painting Room 2<br>10:00 Seamstress<br>10:30 Yiddish Group<br>11:45: Exercise w/ Donna F \$1.00<br><b>12:30 Trip: ShopRite (Mid-State Mall)</b><br><b>East Brunswick-Boston Market</b>  | 8:30 Taiji (Room TBA)<br>9:30 Healthy Bones -Room 2<br>10:00 Painting-Library<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30-3:30 pm Trip: NJ Flower &amp; Garden Show</b><br><b>Expo Center, Edison-Call Center for prices</b><br><b>12:30 BINGO</b><br>2:00 Tai Chi <b>**Food Pantry**</b> | 9:00 Taiji (Room TBA)<br><b>10:30 Tea &amp; Discussion Group</b><br><b>Current Events. MUST SIGN UP!</b><br>11:30: Exercise with Donna \$1.00  | 27       |
| <b>Easter Sunday</b> | 29   | 29   | 30   |  |  |          |
|                      | 9:00 Taiji (Room TBA)<br>10:00 Painting-Room 2<br>10:00 Knitting Group<br>11:30 CHAIR YOGA \$1.00<br><b>1:00 Movie: SUSPENSE!</b><br><b>"Acrimony," Starring Taraji P. Henson</b><br><b>Call Center for details</b>  | <b>8:15 TRIP-Atlantic City</b><br><b>Casino: Resorts-\$35.00</b><br>9:00 Taiji (Room TBA)<br>10:00 Sing Along<br>11:00 Piano Instruction with Gwen<br><b>12:00 CAMEO Lunch Program \$5.00</b><br><b>12:30 BINGO</b><br>1:00 Bridge |  |  |  |          |